

England

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Thank you for contacting me to share information on your charity and research.

Clinical Commissioning Groups are responsible for commissioning many healthcare services to meet the needs and requirements of their local population including those for people with ME/CFS. In doing so, CCG's will commission services that reflect the needs of local people and that support improvements in health and healthcare outcomes.

NHS England is committed to supporting CCG's to deliver services in line with the National Institute for Health and Care Excellence (NICE) guidance to make measurable progress towards supporting people with ongoing health problems to live healthily and independently with much better control over the care they receive. The most recent NICE guidance advises that Cognitive Behavioural Therapy (CBT) and Graded Exercise Therapy (GET) are the most effective forms of treatment for ME/CFS. Shared decision-making should take place during diagnosis and all phases of care between the person with ME/CFS and healthcare professionals.

If there is new research it would be appropriate for you to share this with NICE who I understand are currently considering three US trials and the 2011 PACE trial to check whether the guidance needs updating, the information can be found here: <https://www.nice.org.uk/Guidance/CG53>.

Yours sincerely,

A handwritten signature in black ink that reads "Bruce Keogh". The signature is written in a cursive style and is positioned above a horizontal line.

Professor Sir Bruce Keogh KBE, MD, DSc, FRCS, FRCP
National Medical Director
NHS England